



Federaal Kenniscentrum voor de Gezondheidszorg
Centre Fédéral d'Expertise des Soins de Santé
Belgian Health Care Knowledge Centre

BelRAI suite of instruments: an exploratory study on applicability for individual care planning and budget allocation in rehabilitation care

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Belgian rehabilitation care

Current situation:

- **Mix of patients:** e.g. child with autism, adult with a leg amputation, elderly recovering from a CVA, etc
- **Mix of types of care settings:** e.g. hospital care (Sp), long term care facilities, home care, ambulatory care, etc.
- **6th State Reform: rehabilitation divided across federal and defederated level**

Belgian rehabilitation care

Both policymakers and clinicians:

- need for a patient classification system based on patient multidimensional functional status for organisation and financing of care settings
- 2005-2015: Already many decisions taken on the use of the InterRAI and the development of the BelRAI suite of instruments



| InterRAI suite of instruments for adults | BelRAI suite of instruments for adults | InterRAI suite of instruments for children | BelRAI suite of instruments for children |
|--|--|--|--|
| Acute care | <input checked="" type="checkbox"/> | | |
| Post-acute care | | | |
| Home care | <input checked="" type="checkbox"/> | Pediatric home care | |
| Community health assessment <ul style="list-style-type: none"> - Assisted living - Deafblind - Functional | | | |
| Long-term care facilities | <input checked="" type="checkbox"/> | | |
| Contact assessment | | | |
| Palliative care | <input checked="" type="checkbox"/> | | |
| Mental health <ul style="list-style-type: none"> - Brief mental health screener - Community mental health - Intellectual disability - Correctional facilities - In-patient psychiatry - Emergency screener for psychiatry - Quality of life | | Child and youth mental health <ul style="list-style-type: none"> - Intellectual and developmental disability - Adolescent supplement | |
| | BelRAI screener | | |

Research questions

InterRAI/ BelRAI suite of instruments also applicable in rehabilitation care for:

- **assessment of rehabilitation needs of the individual patient?**
- **financing purposes (budget allocation)?**

Belgian rehabilitation care

KCE report: focus on 2 main sectors in transferred rehabilitation competences

- **specialised rehabilitation services (Sp services)**

e.g. patients with musculoskeletal impairments, brain injury patients, patients with amputations, patients with Parkinson's

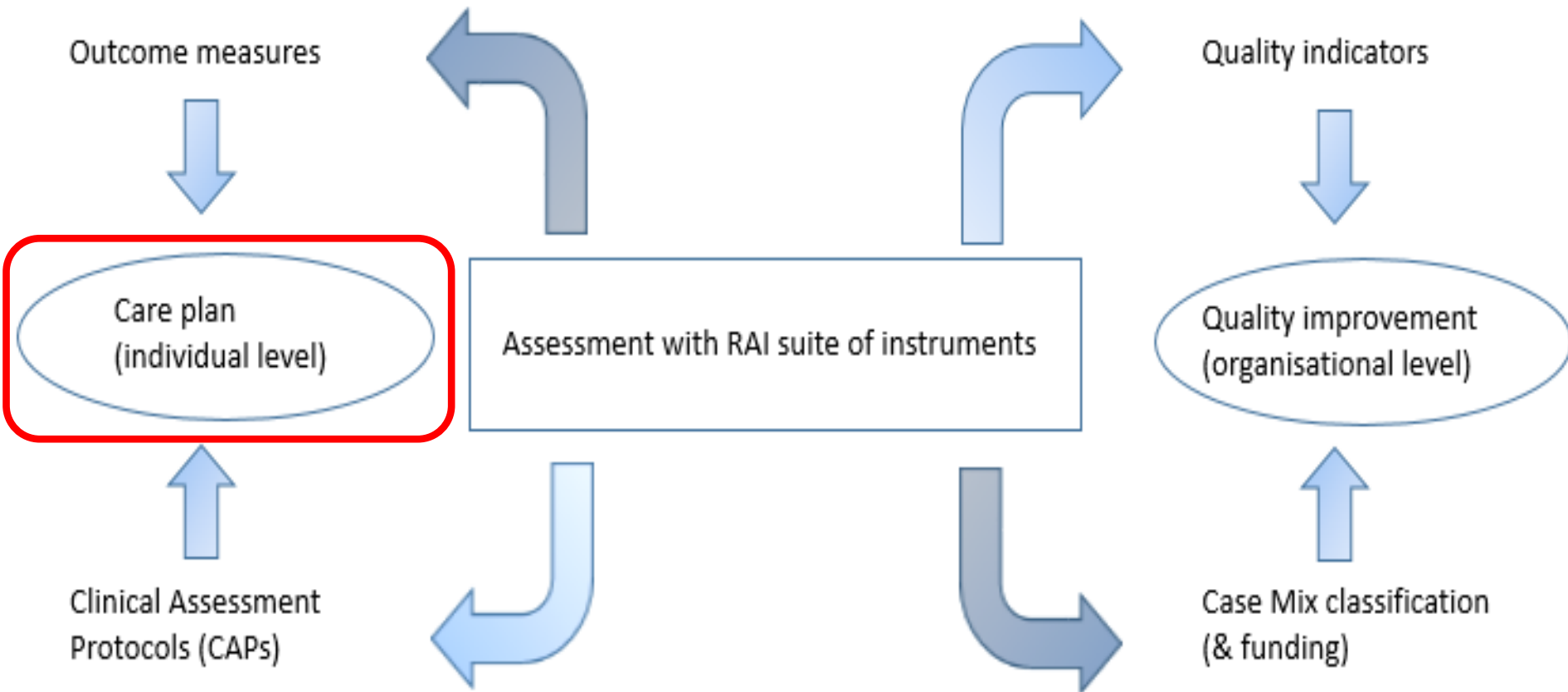
- **NIHDI convention for Centres for Ambulatory Rehabilitation (CAR/CRA)**

Main population: children with mental handicap, complex developmental disorders, autism, ADHD, children or adults with hearing disorders

Mixed method approach including:

- Literature review
- policy decision analysis
- Site visits
- Stakeholders consultation

interRAI suite of instruments



Source: adapted from Nedrai.org



RQ 1: Applicability in rehabilitation?

- **specialised rehabilitation services (Sp services):**
 - already applied in similar population
 - some interRAI instruments already adapted to Belgian context (BeIRAI HC, LTCF)
- **NIHDI convention for Centres for Ambulatory Rehabilitation (CAR/CRA)**
 - already applied in similar population
 - none already adapted to Belgian context
 - for some specific groups: not yet determined which InterRAI instrument is the most suitable

Comparison InterRAI suite vs ICF and FIM:

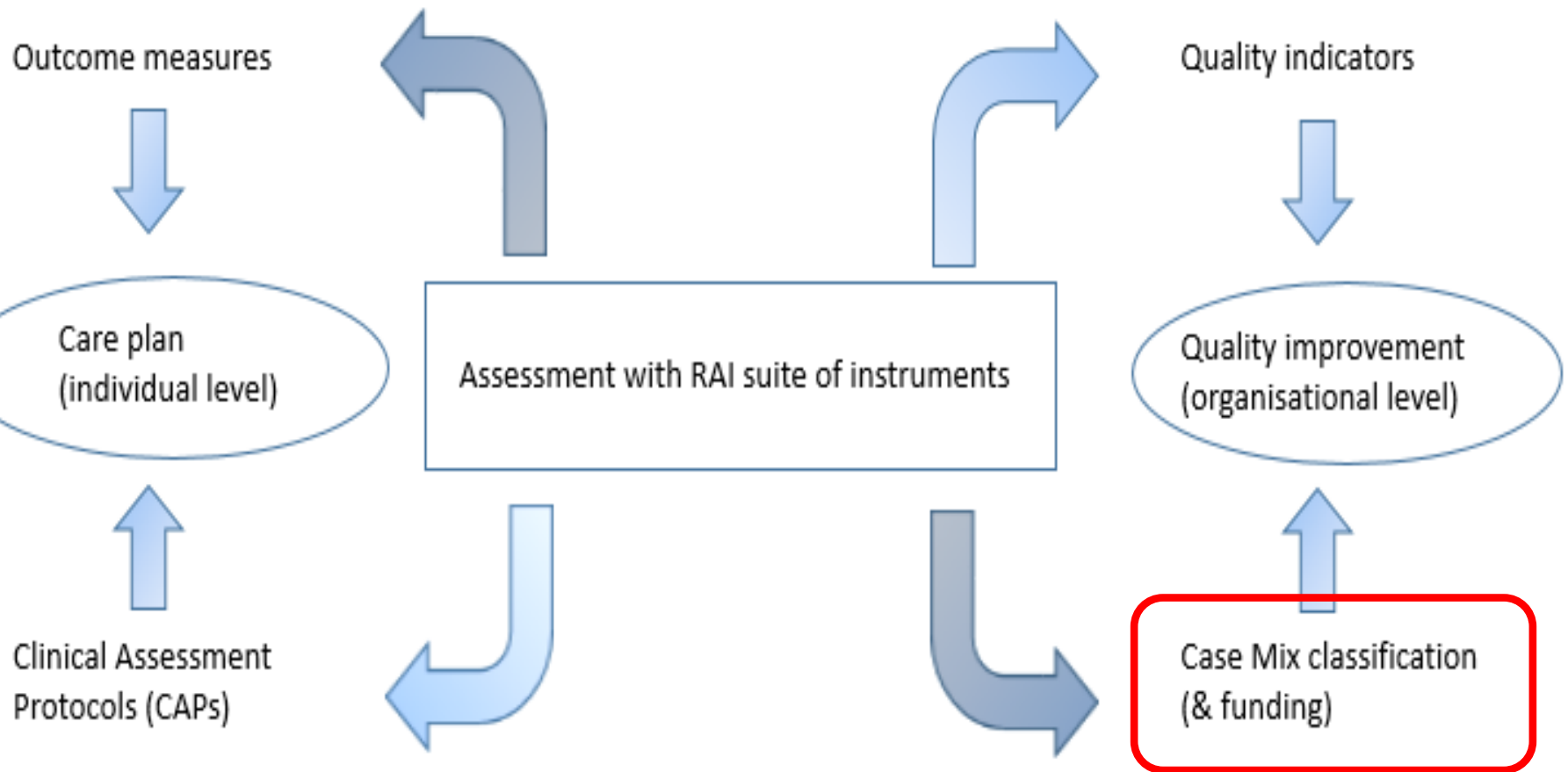
- equivalent measures but InterRAI suite more operationalized

RQ 1: applicability in rehabilitation?

Yes but... further steps needed:

- **Further development of other InterRAI/BelRAI instruments (post-acute care, specific groups of (pediatric) patients)**
- **Validation in Belgian care setting (translation, pilot testing)**
- **Implementation in clinical practice (ICT, training, (multidisciplinary) care planning)**

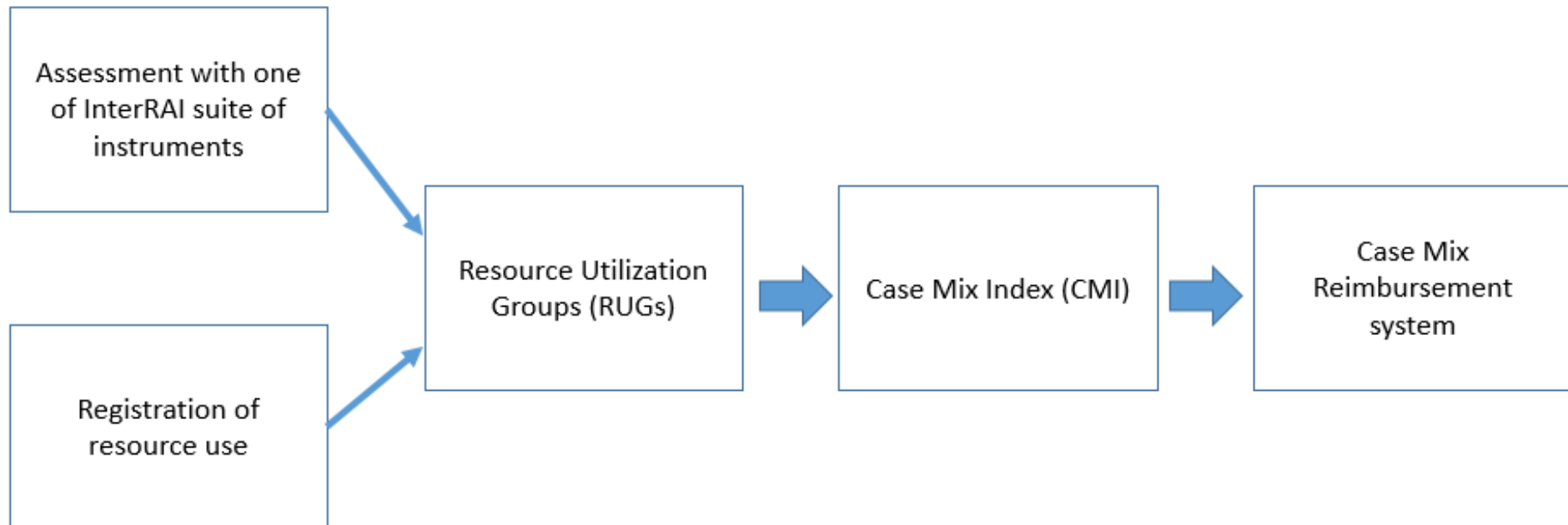
interRAI suite of instruments



Source: adapted from Nedrai.org



RQ 2: Applicability for financing purposes?



| InterRAI suite of instruments | InterRAI RUGs | BelRAI suite of instruments | BelRAI RUGs |
|---|-------------------------------------|-------------------------------------|-------------|
| Acute care | | <input checked="" type="checkbox"/> | |
| Post-acute care | | | |
| Home care | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | |
| Community health assessment - Assisted living - Deafblind - Functional | | | |
| Long-term care facilities | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | |
| Contact assessment | | | |
| Palliative care | | <input checked="" type="checkbox"/> | |
| Mental health - Brief mental health screener - Community mental health - Intellectual disability - Correctional facilities - In-patient psychiatry - Emergency screener for psychiatry - Quality of life | <input checked="" type="checkbox"/> | | |
| | | BelRAI screener | |



RQ 2: applicability for financing purposes?

- **Belgian rehabilitation care settings (Sp services):**
 - **Already validated and applied (HC and LTCF)**
 - **Other RUGs under development**
- **NIHDI convention for Centres for Ambulatory Rehabilitation (CAR/CRA)**
 - **No validation studies found for pediatric population**
 - **RUGs under development**
- **Yes but... multiple steps needed before implementation of a casemix financing system**

Conclusions

InterRAI suite of instruments:

- **suitable for assessment of the functioning of various types of patients, in many different care settings, in many countries**
- **various applications: care planning, care intensity calculations, patient classification, quality indicators, budget allocation, etc.**

BelRAI suite of instruments:

- **(previous and recent) political decisions, at the federal and defederated level, on its development and implementation**

Rehabilitation care:

- **recommendations e-health plan on development of specific interRAI instruments for rehabilitation care**
- **potentials for a casemix financing system (RUGs)**

Main recommendations

Ministers of Health

- Validation of Belgian RUGs
- Validation of interRAI/BelRAI as triage system
- Mutual agreement between federal and defederated levels on the use of interRAI data across the rehabilitation sector

Privacy-commission and sectoral committee

- Advisory role in the set up of regulations to facilitate the collection, the storage, processing of the BelRAI data for patients, care providers, care settings and researchers
- Facilitation of the exchange of data between Belgium and the internal collaboration of interRAI

Recommendations

IMC Public Health

- Continue consultation on the uniformization of budget allocation methods for rehabilitation patients
- Confirmation of the implementation goals formulated in the ehealth-plan

RIZIV - INAMI and defederated authorities

- Exploration of the inclusion of the interRAI/BelRAI assessment instruments in the determination of the NIHDI conventions and in the determination of the NIHDI nomenclature of care services related to rehabilitation care

Colophon

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